MERCHANT MARINE PERSONNEL PHYSICAL EXAMINATION REPORT

PRIVACY ACT STATEMENT

As required by 5 USC 552a(e)(3), the following information is provided when supplying personal information to the U. S. Coast Guard.

- 1. Authority for solicitation of the information: 46 USC 2104(a), 7101(c)-(e), 7306(a)(4), 7313(c)(3) 7317(a), 8703(b), 9102(a)(5), (See 46 CFR subparts and paragraphs 10.205(d), 10.207(e), 10.209(d), 12.05-5. 12.20-3)
- 2. Principal purposes for which the information is used:
 - (1) To determine if an applicant is physically capable of performing shipboard duties.
 - (2) To ensure that the applicant's physical is conducted by a duly licensed physician/physican's assistant and to verify the information as needed.
- 3. The routine uses which may be made of this information:
 - (1) This form becomes part of the applicant's file as documentary evidence that the regulatory physical requirement has been satisfied and the applicant is physically competent to hold a merchant marine license or document.
 - (2) This information becomes put of the total license or document file and is subject to review by federal agency casualty investigators.
- 4. Disclosure of this information is voluntary, but failure to provide this information will result in non-issuance of a license or merchant mariner's document.

INSTRUCTIONS FOR THE PHYSICIAN

The United States Code requires a physical examination to determine that all holders of Coast Guard issued Licenses and Merchant Mariner's Documents are of sound health with no physical limitations that would hinder or prevent performance of duties. In general, all mariners must be capable of working in cramped spaces on rolling vessels. They must be able to climb steep stairs or vertical ladders. In an emergency such as a vessel fire or flooding, the mariner must be able to fully participate in the firefighting and lifesaving of passengers and crewmembers. In addition, mariners must be physically able to stand an alert 4 to 8 hour watch. To do this, they must be free from any sudden onset of a medical condition which would affect their watchkeeping abilities.

Detailed guidelines on potentially disqualifying medical conditions may be obtained from any U. S. Coast Guard Regional Examination Center (NVIC 6-89) or by calling Coast Guard Headquarters (G-MOC-1), at 202-267-0475. Examples of impairment that could lead to disqualification include: impaired vision, color vision or hearing; poorly controlled diabetes; multiple or recent myocardial infarctions; psychiatric disorders; and convulsive disorders. In short, any condition that poses an inordinate risk of sudden incapacitation or debilitating complication, and any condition requiring medication that impairs judgment or reaction time are potentially disqualifying and will require a detailed evaluation.

The Coast Guard will use	this physical eva	aluation to deter	mine the applic	ants eligibi	ility to noid a	a license or documer	nt.			
1. Name (Last, First, M			2. Social Security Number							
3. Height (inches)	4. Weight (pounds)		5. Eye Color		6. Hair	Color 7. Dis		stinguishing Marks		
Blood Pressure Systolic Diastolic					9. Pulse (resting)			Regular	Irregular	
10a Vision: Uncorr. Right 20/ Uncorr. Left 20/ Corr. to 20/					10b. Field of Vision: Degrees Normal Abnormal				Abnormal	
11. Color Vision Normal Abnormal * Color sense must be tested by one of the following. * Color sensing lenses are prohibited.										
Pseudoisochromatic plates				Eldrid	Eldridge - Green Perception Lantern			SAMCTT - Scho	ool of Aviation Medicine	
Divorine 2nd Edition ARC				Farns	worth Lan	tern		Titmus Optical Vision Test		
AOC Revised Edition AOC-HRR			Keyst	Keystone Orthoscope			Williams Lantern			
Ishihara 16-, 24-, 38- Plate Ed				Keyst	Keystone Telebinocular					
12. Hearing Normal Impaired										
An audiometer and speech discrimination tests are only required if the applicant has, or is suspected to have Impaired hearing.										
Audiometer (Threshold Values)	500 (Hz)	1000 (Hz)	2000 (Hz) 3		00 (Hz) Functional Sp		l Speed	peech Discrimination Test at 55 db		
Right Ear							Left Ear% Right Ear%			
Left Ear							Exte	rnal Auditory	Canal	
Right Ear - aided										
Left Ear - aided						- Normal Abnormal				
13. Indications of current or past Drug/Alcohol Abuse Yes No if yes explain in Block 16										

The Coast Guard estimates that the average burden for this is 5 minutes. You may submit any comments concerning the accuracy of this burden estimate or any suggestion for reducing the burden to: Commandant (G-MOC-1), U. S. Coast Guard, Washington, DC 20593-0001 or Office of Management and Budget, Office of information and Regulatory Affairs, Attention: Desk Officer for DOT/USCG, Old Executive Office Building, Washington, DC 20593

Page 2 of CG-719K (Rev. 3-95)

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14. I	Doct	or's assessment - Does the applicant ha	ve or has	he/she ever suffered from any of th	ne following?	? *If ye	s explain in Block 16.				
Yes			Yes No			No					
		Deteriorating eye disease		Severe digestive disorder		P	eriods of unconsciousness				
		Severe speech impediment		Chronic renal failure		SI	leepwalking				
		Diabetes		Communicable disease		R	ecent or repetitive surgery				
		Thyroid disfunction		Asthma or lung disease		Ar	mputations				
		Epilepsy, seizures, paralysis		Psychiatric disorder		_	npaired range of motion				
\neg		Heart or vascular disease		Depression		_	npaired balance or coordination				
		Heat surgery		Attempted suicide		0	ther illness or disability				
		Blood disorder		Loss of memory			·				
		High blood pressure		Dizziness or tainting							
15. Medications taken: include dosage, purpose, and side effects. No prescription medications 16. Comments on Findings: No Significant Medical History											
Considering the findings in this examination, and noting the duties to be performed by the applicant aboard a merchant vessel of the United States of America, I consider the applicant competent needs further evaluation not competent											
Printed/Typed Name of Physician/Physician's Assistant/Nurse Practitioner OFFICE AD							E ADDRESS (ZIP CODE)				
State License Number											
Tele											
Phys	ician	/Physician's Assistant /Nurse Practitioner	Date								
I certify that all information provided by me is complete and true to the best of my knowledge.											
Sign	ature	of Applicant	Date								
							•				
or a	any s	ast Guard estimates that the average burd uggestion for reducing the burden to: Co Office of information and Regulatory Affa	mmandan	t (G-MOC-1), U. S. Coast Guard, Wa	shington, D	C 20593	3-0001 or Office of Management and				